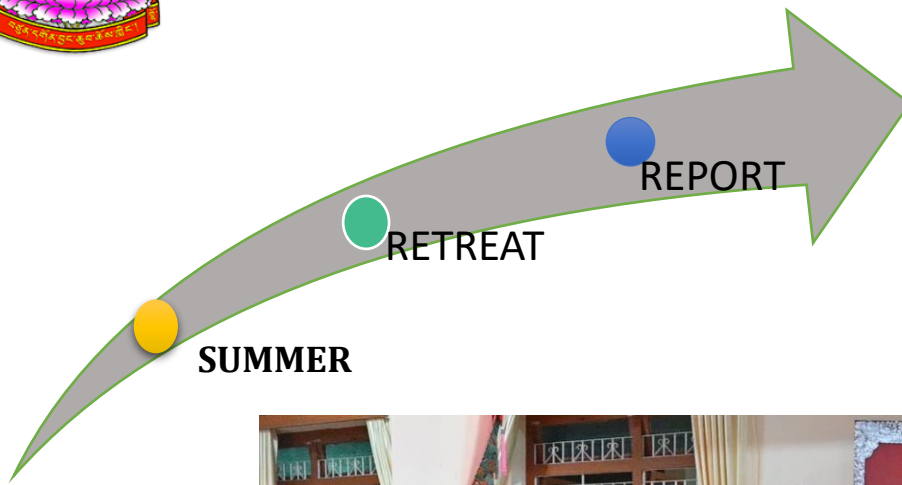




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Jangchub Choeling Nunnery



**"The Buddha's sacred Dharma is twofold:-  
It is the nature of scripture and realization.  
Those who uphold it are those who explain,  
And those who practice it alone."  
---Buddha**

## **INTRODUCTION:-**

May this rainy season of July to September report find everyone with warm greetings and good health. The nuns of Jangchub Choeling are glad to share the quarterly reports with our highly respected sponsors, supporters, and well-wishers, who are also great readers.



**Here, goes the REPORT OF JANGCHUB CHOELING NUNNERY!**



**INTRODUCTION .....2**

1. HAPPY 89TH BIRTHDAY .....4

2. GESHEMA EXAMINATION .....5

3. CHOKHOR DUCHEN .....7

4. ANNUAL EXAMINATION 2024 .....8

5. PRIZES DISTRIBUTION .....9

7. SUMMER RETREAT (YARNEY)..... 11

❖ TSOKLANG.....12

8.OPPORTUNITY ATTENDED EVENTS ..... 18

## 1. HAPPY 89TH BIRTHDAY:-



On 6<sup>th</sup> July 2024, we celebrated the His Holiness the Dalia lama Birthday in the presence of our respected Abbot, kind teachers, and all our nuns. This year we have nuns from other nunneries who have come here to participate in the GESHEMA examination of 2024.



During this auspicious day: - A few nuns participated in an event that included essay writing and oral memorization tests. We also planted lots of flowers & seedlings on every year.



## **2. GESHEMA EXAMINATION:-**

We are glad to share the pictures of the nuns who came from different nunneries to participate in the Geshema Examination which was held at our Nunnery from 21st July – 14th August.



During the Geshema, self-study for one month.



This year, the Geshe-Ma Annual Examination 2024 is happening at our Nunnery, which starts on the 21st of July, 2024. And around 147 nuns are participating in this from seven different nunneries. This is due to the kindness and guidance of His Holiness the Dalai Lama and the Venerable teachers and respective Nunneries.



**A few glimpses of the GESHE- MA Examination days.**



### **3. CHOKHOR DUCHEN: -**

(FIRST TURNING OF THE WHEEL OF DHARMA)

The First Turning of the Wheel of Dharma, also known as Chokhor Duchen, is a significant holiday during which we commemorate the day when the Buddha Shakyamuni first taught the four noble truths in Sarnath, India, and first turned the wheel of the dharma after attaining enlightenment.

➤ **36<sup>th</sup> Anniversary since the Establishment of the Nunnery.**

The same day also signifies the **37<sup>th</sup> anniversary** of Mundgod's Jangchub Choeling Nunnery. The nunnery exists today as a result of the great efforts of the 14th Dalai Lama, the pure kindness of our sponsors, supporters, as well as well-wishers, and our grateful teachers from Gaden and Drepung.



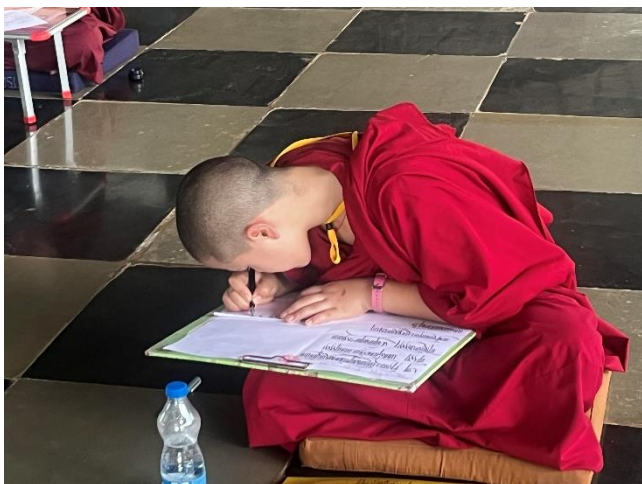
Today, more than 300 nuns call Jangchub Choeling Nunnery their home. The nuns range in age from 7 to 80 years old. Most of the nuns are from Tibet and different parts of India, and there are nuns from many other parts of the world including Bhutan, Nepal, the United States, South Korea, Taiwan, France, Vietnam, and Singapore. Since the establishment of the nunnery in Mundgod, South India, Jangchub Choeling Nunnery has been an education center since 1987.





#### **4. ANNUAL EXAMINATION 2024:-**

The annual examination started on the 21st of August, The examination includes written tests, memorization challenges, and debates. Nuns from different classes such as **LOGIC** and **VINAYA** take part under the supervision of the nunnery's examination committee.



**A few glimpses of the Examination days**





## 5. PRIZES DISTRIBUTION:-



We are pleased to share some highlights from the result announcement day of the Jangchub Choeling Nunnery's Annual Examination 2024. Prizes were awarded to the rank holders of each class, and special recognition was given to the nuns who achieved the highest scores overall.

Additionally, nuns with outstanding attendance in prayer and debate classes were honored for their dedication.



**Nun YOUTEN PEMA took a memorization test.**

**Nun STENZIN YANGDOL took a debating test.**



## **6. GRADUATION CEREMONY DAY OF VINAYA CLASS:-**

Jangchub Choeling Nunnery offers 18 years of Buddhist studies courses focused on the five canonical texts following the Nalanda Tradition. After completing the eighteen years of studies, the nuns pursue an additional 4 years of Geluk examination studies to become a GESHEMA, followed by a year of Tantric course at Gyutoe Monastery in Dharamsala. Thankfully, we have successfully established facilities for Tantra classes within the nunnery for 3 years, allowing those who couldn't take the Geluk examination to learn about Tantra. We extend our congratulations to the nuns who graduated in 2024 after completing their 18 years of studies.



**A group photo was taken on the graduation ceremony day!**

## 7. SUMMER RETREAT (YARNEY):-

Nuns of Jangchub Choelingare pleased to get the opportunity to participate in the virtuous activities of this year's annual 'Rainy Season Summer Retreat' (Yarney) which started from September 17th to October 2nd this year.

### The Event:-



The summer retreat is a sacred tradition established by the Buddha. During this time, the nuns remain within the nunnery and concentrate exclusively on study and practice. Special vows are taken and strict discipline is followed by all of the Sangha. This is considered a very important and beneficial tradition, which offers the opportunity for lay people to participate by making offerings for the Sangha's food and tea.



- **TSOKLANG**

This year our nunnery will be holding a new academic session called TSOKLANG. It starts on 20th September and ends after 8 days. Each day has two pairs in the morning and evening.



On the very first day, TSOKLANG started with Dharma Chakra and awakened the mind presented by nuns **JIGMEY TSOMO AND TENZIN NYIDON**.



On the second day of TOKLANG participants from **VINAYA AND ABHIDHARMA** classes:-



**Nuns JAMPA NORZOM AND CHOEZIN DOLMA FROM VINAYA CLASS.**



**Nuns SAMTEN TSETSO and PALDEN SANGMO from ABHIDHARMA class.**

On the Third day of Tsoklang which is from **Madhyamika** class presented by Nuns Lobsang Tsomo and Jamyang Choekyi.



On the 4th day morning Madhyamika Tsoglang and evening (LEKSHE NYINGPO) main topic on **“The interpretable Essence of Eloquence.”**



**Nuns TASHI DOLKAR AND TSERING LHAMO represent from UMA CLASS**





NUNS LHAMO AND LOBSANG DOLMO presented the topic **“The interpretable  
Essence of Eloquence.”**



Nuns TSERING LHAMO & TSERING LHAKZOM represented of **Prajna Paramita class.**



A photo was taken during TSOKLANG in the main temple with their respective class participants.



NUNS NAMGYAL DOLMA & LOBSANG DOLMA





We have established the practice of debating the Five Great Treatises to preserve and spread the sacred Dharma of scripture and realization, as taught by the Buddha. This is our offering to uphold the teachings of the Buddha.

We extend greetings, best wishes, and congratulations to all those who participated in the debate. The eighth and final day of debating concluded with auspicious wishes.



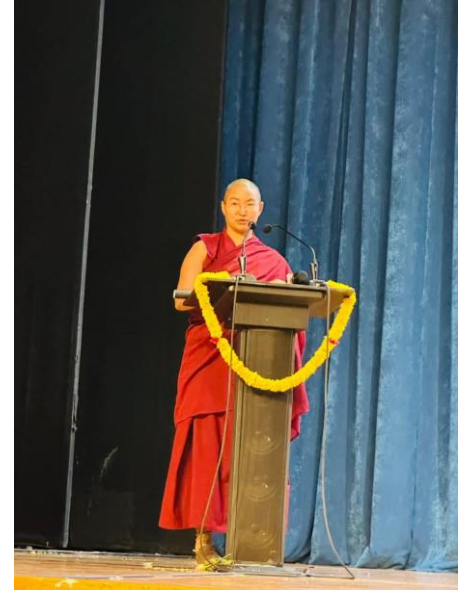
**TSOLANG** which is a Tibetan word, refer to two nuns standing together to debate and analyze a main topic.



## **9. OPPORTUNITY ATTENDED EVENTS:-**

We are overjoyed to share the news that two of our nuns have been given the golden opportunity to enhance their wisdom. Here, we have shared the experience of one of our nuns who participated in this event. Her topic:-

**Collaboration between the Laity and Bhikkhunis to Prevent Wars: Overcoming the Challenges: 21 to 22/ 09/2024**



### **Her biography:-**

I have been a Tibetan Buddhist nun for 22 years. In 2002, I came from Tibet to pursue my calling as a nun and to study Buddha Dharma. Over the years, I have been fortunate to receive a comprehensive Dharma education and am now working towards my Geshema degree, which is equivalent to a PhD. In addition to my Dharma studies, I had the opportunity to learn modern science as a Tenzin Gyatso Science Scholar at Emory University, and in 2017 and 2022, I completed research internships at Northwestern University in U S A. I now serve as a science director at my nunnery, where I also engage in research projects.

As Tibetan nuns, we are fortunate to have these opportunities to study the Dharma, all thanks to the leadership and vision of His Holiness the 14th Dalai Lama. However, when we reflect on history, it becomes clear that this was not always the case. While Buddhism spread to Tibet in the late 6th century and there have been nuns since that time, there was no formal institution for nuns. As a result, it can be difficult to find substantial historical resources about nuns in Tibet.

Nevertheless, we should view the past as a lesson, using it to inspire positive change. We now have the chance to create a new era for the preservation of the Dharma and the well-being of future generations. To do so, modern education is essential, as it allows us to communicate effectively with the world and collaborate in meaningful ways.

### 1. The Importance of Collaboration :-) Her topic on that event:-

As humans, nuns, and students of the Buddha, we have a huge responsibility not only to free ourselves from suffering but also to help others do the same. More than 55% of the world's population are women, yet female monastics (nuns) are quite rare. This places an even greater responsibility on each nun to guide others, particularly women, on the path to happiness and inner peace, day by day, year by year. In today's chaotic world, many people are suffering unnecessarily due to misunderstandings and negative emotions. A large number do not know how to overcome these emotions. We have to teach them with compassion and share the dharma as a means of transformation. Here, "**DHARMA**" refers not merely to religious practice but to a method of transforming the mind from negativity to positivity.



### 2. CHALLENGES :-)

- **Modern Education:** In today's world, modern knowledge plays a vital role in effectively sharing wisdom. Unfortunately, many in the monastic community have not had access to extensive modern education, which can hinder the ability to connect with others.
- **Communication Skills:** Strong communication skills are crucial in our interconnected world. However, many of us do not prioritize developing these skills, making it harder to convey the dharma to a wider audience.
- **Leadership Training:** Good leadership is essential for serving communities effectively. While dharma is of course central, leadership training is often overlooked, yet it is necessary for guiding others.



### **3. Methods of Collaboration :-)**

To address these challenges, all institutions need to place equal emphasis on both modern knowledge and dharma teachings. Leadership programs and communication skill development should be integrated into monastic education, ensuring that nuns are well-prepared to serve their communities. Dharma should be shared not only in religious contexts but also in academic and secular spaces, presented in a way that is accessible to all. By teaching the dharma in a secular manner, its wisdom can reach and benefit a broader audience, helping to cultivate peace and understanding in the world.

This holistic approach will empower nuns to collaborate more effectively with the laity and help prevent conflict, spreading compassion and wisdom to all.

**Nun TENZIN CHOYANG is one of the active nun who role a major in every part of work.**

**She is a science leader & project coordinator in Nunnery. .**



# Conclusion

- We would like to thank our readers for their patience reading.
- We would be pleased to get feedback from your side to improve our report.
- Always in the HEART & PRAYERS of our nuns!



**THANK YOU!**