



Jangchub Choeling Nunnery

Autumn Updates



Jangchub Choeling nunnery venerable teacher retreated in the nunnery itself and made fire puja offering with Abbot and all other teachers.



Fire Puja: Fire Puja in Buddhism are also known as Jinsek. It is a wonderful way to remove obstacles and to invoke blessings. We use fire puja at the ends of retreat to consecrate our hard work, to burn any obstacles we encounter and offer up the smoke as blessings for what to come.

New Disciplinarian and Assistant

On the auspicious occasion of Ihabab duechen on lunar calendar 22nd day of the ninth lunar month jangchub choeling nunnery held occasion of appointment of new disciplinarian at 6:00 am in the presence of Abbot and all nuns in the main Temple.

Disciplinarian: Disciplinarian tenure is one year. Disciplinarian looks after the discipline of whole nuns in the nunnery along with Abbot and her assistant chapri.

Geshema Ngawang Dolma la is from Nepal and completed her courses in Jangchub Choeling Nunnery under guidance of kind teachers. She arrived Jangchub Choeling nunnery in the year of 1995. She completed her classes in the 2011. Then in the year 2015 she appeared in the Geshema examination and completed her course in the 2018.

Her assistant is nun Nyima Tsomo and she is called chapri. She helps disciplinarian. She is currently in the Abhidharma second year.



Geshema Ngawang Dolma la

Disciplinarian & Assitant Nyima Lhamo



Getting back to Routine

Routine: Usual order and way of doing something.

Jangchub choeling nunnery remains covid free after the recovery and all nuns in sound health. It is soothing and homely hearing the temple gong and witness nuns getting into temple in their outer yellow robe.

Usual debating in the morning and evening has begun in the courtyard and nuns are back to debating and studying deeper questioning and reasoning.

The usual physical presence of venerable teachers from Ganden, Drepung and nunnery itself is a joyful moment for students to have regular classes prior to the covid out break.

Nuns gather in circle learning the Torma and art of making offering. Torma is Tibetan ritual cake used as an offering in the Buddhist ritual. Nuns learn Torma making as torma are offered in the different ritual and puja done in the nunnery.





Getsul Sojong and Thekchen Sojong

Sojong is a practice for purifying and restoring broken vows. "So" means "to restore", i.e. to make broken vows and replenish positive virtues. "Jong" means "to purify", i.e. to clear away negative karma and harmful deeds. Traditionally, Sojong is practised bimonthly by members of the sangha to restore any broken Pratimoksha vows. This purification practice is also observed by some lay Buddhists.

Jangchub Choeling Nuns after sometime has the opportunity to gather in the temple in the presence of Abbot with all other nuns and practice Sojong for two times.

Sojong cultivates a deliberate effort to reflect on oneself - a practitioner becomes more mindful of his own habitual tendencies, and by developing compassion and bodhicitta, he/she will awaken natural innate state — the true Buddha nature.

Thekchen sojong is the Mahayana Sojong and it can be practiced by lay people as well as Sangha community. And yet, getsul sojong is practiced by Buddhist Sangha.





Covid-19 vaccine

We are always thankful for the support we receive from friends and supporters.

We have received vaccine drive help from Drepung Loseling hospital and all nuns are finally vaccinated of 2nd covid dose and everyone including the covid infected ones are included as well. We remain thankful to all the generous Dharma friends and nunnery all the supporters.



First half of nuns has taken vaccine in the hospital and other half in the nunnery debate courtyard.

Monthly puja or Kangsol

In every month, senior nuns do a special monthly prayer of kangsol in the main temple. Kangsol is performed to appease deities followed by guru puja.



Cleaning is fun and it is refreshing

Once in a year before the chapel attender change in the nunnery, nuns gather together and clean every nook of the temple to hand over the responsibility to next new temple attender.

Cleaning temple is believed to gain lots of merits as it cleaned with kind and pure intention mindfully. Last day on the ninth of November, nuns gathered in the temple to clean Temple to sparkling white.



New Hostel Construction Updates

Jangchub Choeling Nunnery new hostel construction is finally coming together under the help, support and service of many humanity. We will share some of the pictures below. It hasn't been finished though.





Let us know what you think

We would like to hear from you and get in touch with you through our mail jangchoeling@gmail.com . We keep you in our thoughts and prayers.

From

Administrators

Jangchub Choeling Nunnery