

OCTOBER

Report



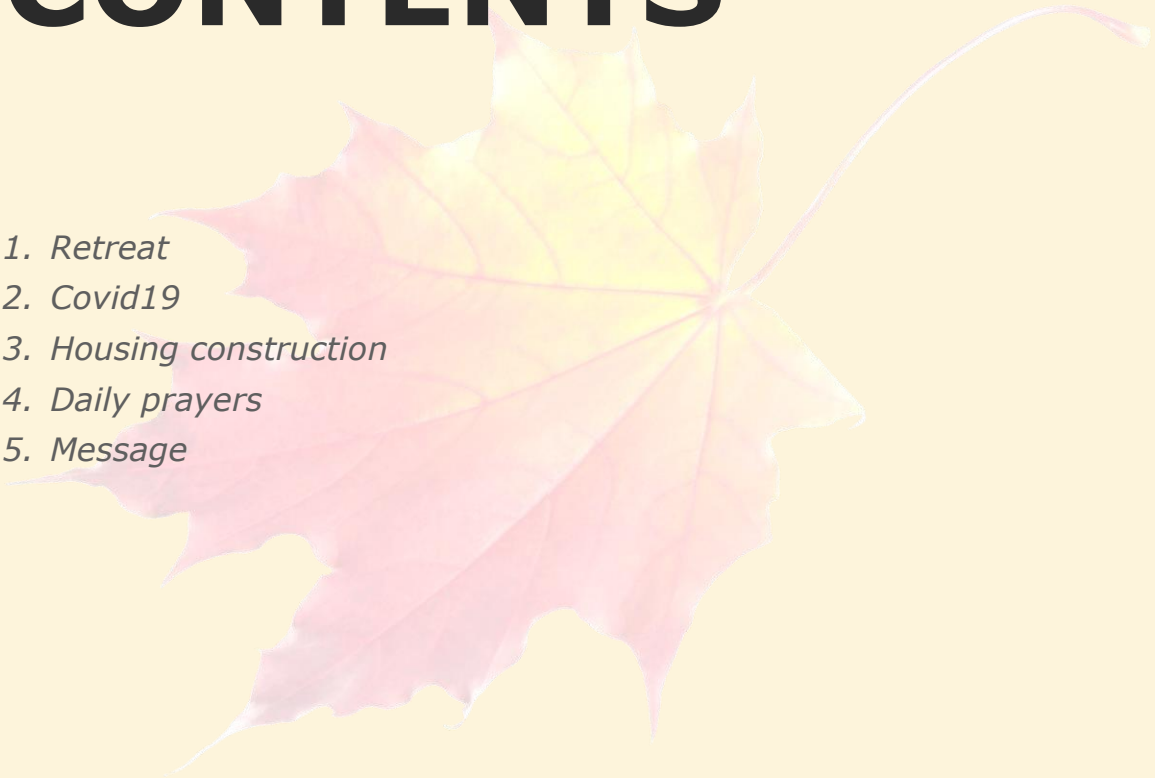
Turning of new
leaf

By

Karma and Ringzen
October Report
Jangchub choeling Nunnery

CONTENTS

1. *Retreat*
2. *Covid19*
3. *Housing construction*
4. *Daily prayers*
5. *Message*



RETREAT

38 Elder nuns of nunnery has stayed in retreat for 21 days doing prayer and recitation of 90 lakh white Tara mantra. (Saraswati) is associated with longevity. White Tara counteracts illness and thereby helps to bring about a long life. She embodies the motivation that is compassion and is said to be as white and radiant as the moon.

Retreat of nuns ended with a fire burning offering ritual called JINSEK in Tibetan. They performed a pacifying jinsek (shyiwé jinsek). That imbalances of physical elements that result in sickness are healed; negative energy for us personally and the world in general are removed; karmic defilements of countless lifetimes are pacified and we are liberated from unwanted circumstances.

Jinsek is a Ritual of fire offering made by burning different types of food and precious things. This burnt offering ritual is done in the name of long live of our living Buddha His Holiness the 14th Dalai Lama, all other doctrine holders and all the sentient beings especially for quick healing and liberation to those in the deep agony and suffering. We wish all the supporters and the sponsors of Jangchub Choeling Nunnery to be in full of hope for every next step in life and may your courage blossom to face everything in calmness.



COVID-19 CHECK UP AND RESULTS

- Jangchub Choeling Nunnery has decided to do RT-PCR checkup on covid-19 on the 21st of October after lunch. It was swab test. All nuns and staff members of the nunnery did checkup.
- It took a week for the result to come out. And the good news was it came out all negative.
- And yet the sad news is that there are many number positive of cases inside the settlement. We are taking precautions and doing our best in containing the spread inside nunnery by wearing masks and maintaining physical distances.



HOUSING CONSTRUCTION

Nunnery new hostel construction is slowly progressing through time and all thanks to all the supporters and donors. Third floor construction is on the process and we are slowly seeing the result.



DAILY PRAYERS

As the Sun slowly rises and when the sun slowly sets, the gong of the nunnery gathers all nuns into their own their corridor to do the daily prayers dedicated to requested individuals and to all the sentient beings.

We wish you all safe and joyful.

END MESSAGE

As the days draws on into evening and evenings night, we still sleep in the hope of better tomorrow keeping our hope alive and doing better than the day before. There are only two months to begin 2021 and still there are two more months to go. And we never know what can happen within this two months. We are all together though this and know that our hopes, prayers and best wishes are with you all. Thanks a lot for always being there and keeping us in each of your thought.

Let's keep making best use of the day by taking charge of the day hoping for better and being at the moment.

Lots of love and regards from all nuns of Jangchub Choeling Nunnery

