

Jangchub choeling nunnery is pleased to share our February report to you and we are grateful for your loyalty for staying in touch with us.





Annual torma change

Each year, jangchub choeling nuns with the help of Ganden Jangtse monks perform ritual regarding Buddhist rituals of offering made to the deities, usually to a Dharma protector", protective deities (srung ma) and tutelary deities. Jangchub choeling nunnery perform to appease its (protective deities) The wrathful dark blue complexioned goddess Palden Lhamo. Palden Lhamo is the protector of Buddhism and is the only female among the eight great Dharmapala. There are many forms of Palden Lhamo and different schools of Tibetan Buddhism may regard one or another of them as their special protector. Such as Ganden Jangtse does. She has both peaceful and wrathful forms. Her peaceful manifestation is Ekamatri Shridevi while in wrathful form she is Palden Lhamo in dark blue complexion.

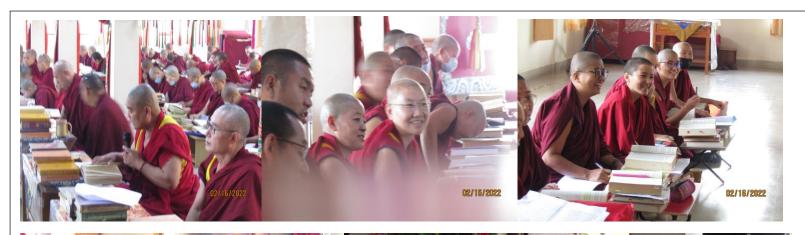


DISCUSSIONS

Jangchub choeling nunnery under the guidance of Abbot and nunnery teacher decided to hold a discussion kind of debate in the nunnery main temple with all nuns of nunnery from Duedra to Gehsema.

Nuns gathered in the main temple on discussions of clearing doubts and analyzing on Buddhist logic "Pramana-vertica /Tsema" in the presence of Abbot, disciplinarian, teachers and geshemas for the whole day.

It was such a precious moment to witness the intensive discussions.





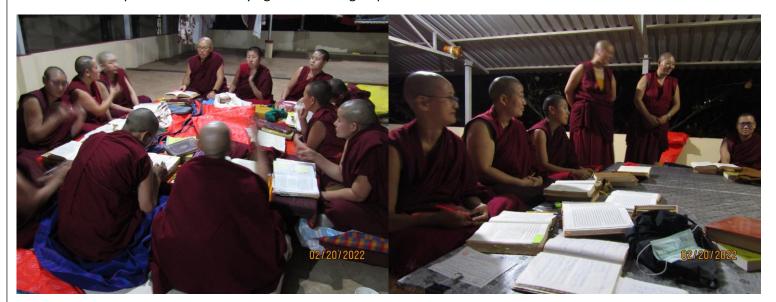


Geshema Discussions

As the Geshema program is four year for nuns, there are four different types of classes going around in the nunnery for Geshema.

Every evening, as the other nuns gather in the nunnery debate court yard for debating, geshema program studying nuns gather on the top terrace of nunnery accommodation and gather separately in each class. They discuss and debate deeper on the each day learnt studies.

Below are shared photos of nun's studying in their own group.







Geshsema Yeshi Ihamo

As requested by Shi-De Kunkyabling through Geshe Tashi Dorje, Geshema Yeshi Lhamo la as a representative of Jangchub Choeling Nunnery participated in the online streamed discussions on the "How four immeasurable and generosity aspirations can be put into practice through Three doors of activites on Daily Basis" particularly speaking on 'The immeasurable of equanimity".

Four immeasurable are:

- 1. Immeasurable compassion.
- 2. Immeasurable love.
- **3.** Immeasurable joy.
- 4. Immeasurable equanimity.



Losar LITERAL MEANING (NEW YEAR)

As the Tibetan New Year is nearing, we wish you Happy Losar and prosperous year. May our actions and thoughts always turns up for the help to the beings in need. May there be peace and may we start living in mutual understanding.

Nuns prepared Tibetan way of losar celebration by cleaning whole nunnery from Temple to each room. Then made Tibetan khasey or friend cookies.

Tashi delek every one.

